Form Letter for Declaring Pregnancy

This form letter is provided for your convenience. To make your written declaration of pregnancy, you may fill in the blanks in this form letter, or you may write your own letter.

To: Max Amurao, PhD, MBA, DABR
Radiation Safety Officer

In accordance with the NRC's regulations in 10CFR20.1208, "Dose to an Embryo/Fetus," I am declaring that I am pregnant. I believe I became pregnant on the date indicated below:

____________________________________________________________________
Approximate date of conception

I understand that the radiation dose equivalent due to occupational exposure to my embryo/fetus during my entire pregnancy will not be allowed to exceed 0.5 rem (5 millisievert) {unless the dose has already been exceeded between the time of conception and submitting this letter}. I also understand that meeting the lower dose limit may require a change in job responsibilities during my pregnancy.

____________________________________________
Signature of person declaring pregnancy

_____________________________________________________________
Name (printed) of person declaring pregnancy

____________________________________
Date

Please scan and email completed letter to radsafety@wustl.edu, or call 314 362 3475 for mailing instructions.