

Form Letter for Declaring Pregnancy

This form letter is provided for your convenience. To make your written declaration of pregnancy, you may fill in the blanks in this form letter, or you may write your own letter.

To: Susan Langhorst, Ph.D. CHP
Radiation Safety Officer

In accordance with the NRC's regulations in 10CFR20.1208, "Dose to an Embryo/Fetus," I am declaring that I am pregnant. I believe I became pregnant on the date indicated below:

Approximate date of conception

I understand the radiation dose to my embryo/fetus during my entire pregnancy will not be allowed to exceed 0.5 rem (5 millisievert) {*unless the dose has already been exceeded between the time of conception and submitting this letter*}. I also understand that meeting the lower dose limit may require a change in job or job responsibilities during my pregnancy.

Signature of person declaring pregnancy

Name (printed) of person declaring pregnancy

Date

Please fax completed letter to (314) 362-4776 or scan and email form to radsafety@wustl.edu